

How INCAP Works for High School Students

Meet Olivia and follow her journey starting in 8th grade.



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CAREER EXPLORATION

(GRADES 8-9)

During 8th and 9th grade, Olivia explores career options by working with a career advisor, visiting employer sites, and attending career fairs.

All apprenticeships within the INCAP Apprenticeship Program last at least two years,

but when they begin and how long they last vary by occupation.

EXAMPLES INCLUDE:

3-year apprenticeships beginning in 10th grade

2-year apprenticeships beginning in 11th grade

3-year apprenticeships beginning in 11th grade

(lasting one year beyond high school)

In 9th grade, **Olivia selects a 3-year apprenticeship that begins in 10th grade** and works with her counselor to finalize her four-year plan.

Then, she applies for and interviews with an employer and is hired as an INCAP apprentice.



FIRST YEAR OF INCAP APPRENTICESHIP

(GRADE 10)

Olivia begins her INCAP apprenticeship her sophomore year, spending three days a week gaining on-the-job experience with her employer, learning new skills, and earning a paycheck.

During the other two days each week, she takes classes at school. Because her apprenticeship is during school hours, Olivia can also participate in extracurriculars like the high school volleyball team.



SECOND YEAR OF INCAP APPRENTICESHIP

(GRADE 11)

In the second year of her INCAP apprenticeship, Olivia works three days a week with her employer, gaining experience while getting paid. She spends two days in the classroom and continues to play on the high school volleyball team.



FINAL YEAR OF INCAP APPRENTICESHIP*

(GRADE 12)

During the final year of Olivia's apprenticeship, she works four days a week with her employer, gaining experience and getting paid. She spends one day a week taking classes at school.

When she graduates, Olivia will have met the key requirements for the **Employment Honors Plus diploma seal** and receive an INCAP credential, both of which will be recognized as indicators of industry experience. The **INCAP credential** may count toward college credit in a related degree program.



OLIVIA HAS OPTIONS FOR WHAT'S NEXT

Whatever she chooses, Olivia has the education and training to succeed.

WORKFORCE

Olivia can go straight into the workforce, where her education and experience will be recognized by employers.

COLLEGE

Olivia can transition to the college pathway and likely finish her degree faster because of the credit she receives for her INCAP credential.

INCAP CAREER PROGRAM

Olivia can complete additional work-based learning through the INCAP Career Program and earn a degree equivalent to a college degree.